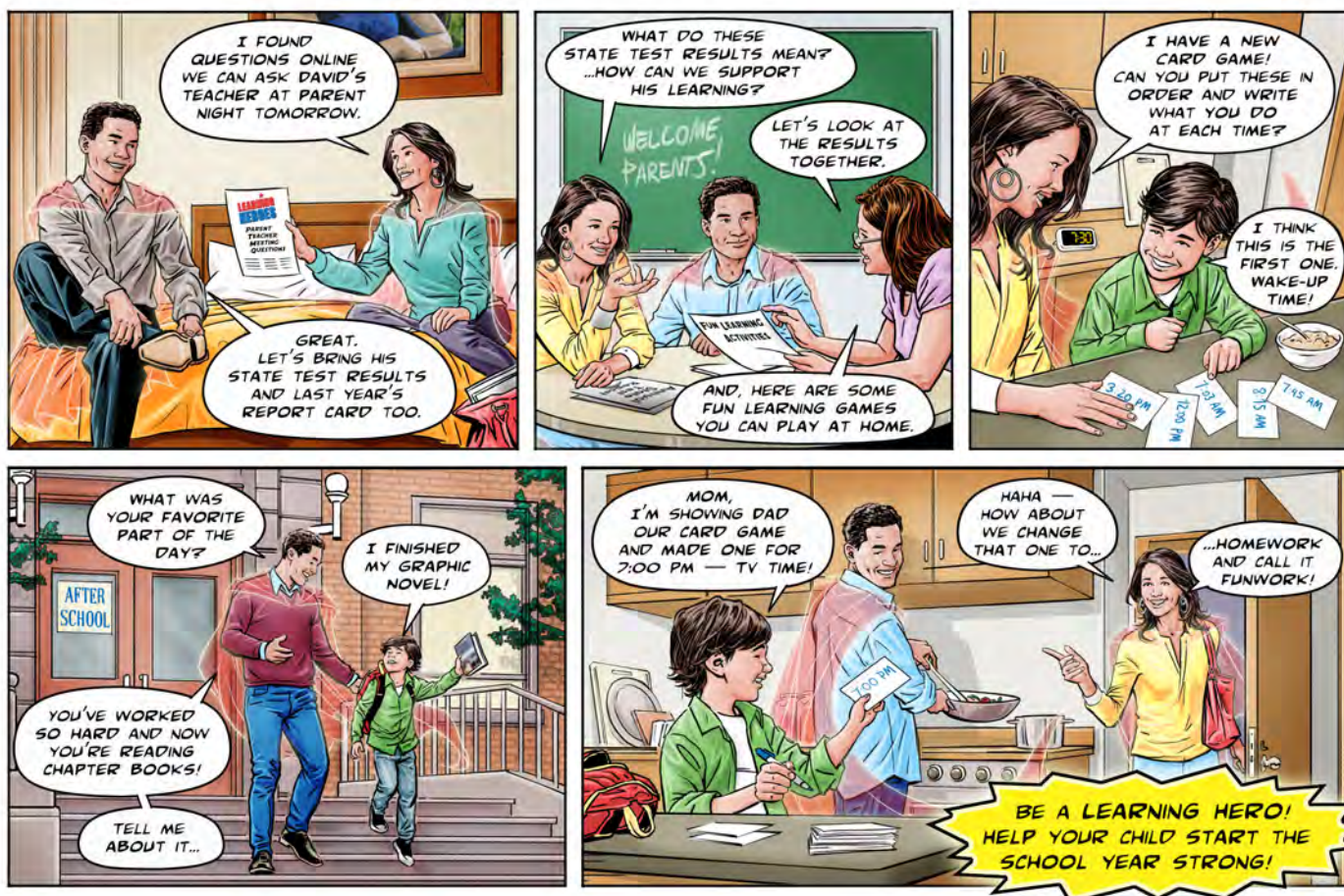


SUPER 5: Back-to-School Power Moves

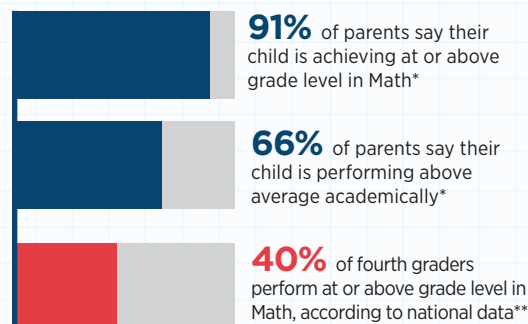


When it comes to getting your child off to school, you are a learning hero! Use the **Super 5** to help your child start the school year strong.

- 1. Start Strong.** Find out how prepared your child is for his or her new grade. Pay attention to how easy or hard it is for your child to perform grade-level tasks, and be sure to review the annual state test results from last year. If you haven't received the results yet, ask your child's teacher.
- 2. Partner Up.** At your first teacher meeting, bring your child's state test results and ask what they mean for this year. Find out what's expected of your child and what you can do at home to help.
- 3. Make It Fun!** You are the expert on your child and can help make learning cool! Read together on topics that interest your child. Find math in everyday life and turn it into a game. These small learning moments add up to a lot!
- 4. Celebrate Hard Work.** Help your child see that hard work is what leads to success. Focus on the effort and what your child is learning. This will help your child feel less nervous about new tasks or subjects.
- 5. Encourage Life Skills Along the Way.** Strengths such as being able to communicate, problem-solve, show patience, and act independently will help your child in school and life. Talk openly with your child about how he or she is feeling and reacting to situations at school, on the playground, and at home.

How do you know if your child is on track?

Many parents don't have a clear understanding about their child's academic progress. A good starting point is knowing what's expected of your child this year. Visit belearninghero.org for parent resources.



*Learning Heroes Survey and Report, *Parents 2017: Unleashing Their Power and Potential*. **National Assessment of Educational Progress, 2015.

For free, easy-to-use resources, activities, and videos, visit belearninghero.org. Share and get more back-to-school tips using [#belearninghero](https://twitter.com/belearninghero).

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